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## CURRICULUM VITAE

With 14 years' experience in live presenting, I've been privileged to work for the BBC, Meridian and ITV, and extensively on the Sky platform. I've appeared in a number of acting roles for the BBC, Channel 4 and ITV and also made commercials for Norton Finance, Accinet Solicitors, Ariel and Boddingtons. I was bitten by the presenting bug at the age of nine, after presenting at the BBC with John Craven.

### PRESENTING

My presenting work has included working for most of the major network channels and on all platforms.

#### Live 2000-2014

Demanding a high level of spontaneity, my live unscripted studio-based work includes bid tv, price-drop TV, Rocks & Co., Gems TV and Ideal World.

#### Location 2004-2006

Documentary filming in Thailand and Madagascar. This included a two week tour of Madagascar climbing mountains and wading through rivers to explore the production of gemstones from their original sources, talking to the locals in French, as well as interviewing eminent gemologists.

### INVESTIGATIVE REPORTING

Hard-hitting investigative reporter on Serve you Right (Meridian), I exposed medically-harmful practises within the slimming clinic world by posing as a potential client using hidden cameras, and then revisiting and confronting their malpractice.

### INTERVIEW PROGRAMMES

My work with celebrities includes:

- Interviewing Christine Hamilton, on her style ideas for fashion and jewellery.
- Hosting a programme with international chef Ken Hom about his unique range of cookware, which included live demonstrations.
- Co-presented a music show with DJ Tony Blackburn – to promote a new line of CDs which featured his personal selection of tracks.
- An action-packed show of line dancing with Lionel Blair, promoting his new video.
- With John Craven, I drew on personal experience of family disability to explore the isolation disabled children face, and to encourage viewers to visit on a voluntary basis.

## COMMERCIALS

My extensive experience in commercials encompasses a wide range of advertising, including a bondage girl for Boddingtons, a young mum in Paris for Ariel, a solicitor for Accinet, and a 5 year ongoing campaign as the corporate face of Norton Finance, filmed in both the UK and USA.

## THEATRE

After training at Italia Conti and with LAMDA, I started my professional career as an actress majoring in Shakespearean and classical roles. A few of my favourite roles include playing Princess Katharine in Henry V, Jessica in The Merchant of Venice and Cecily Cardew in The Importance of Being Earnest.

## RADIO

I have performed several voice-overs and also given interviews on live radio including Radio Tay, Red Dragon and Isle of Wight Radio.

## PROFESSIONAL TRAINING AND QUALIFICATIONS

A.L.A.M - Associate Acting Diploma	LAMDA
3 year Diploma in Performing Arts	Italia Conti

## LANGUAGES SPOKEN

Fluent in French.

## HOBBIES AND INTERESTS

Scuba-diving, swimming, tennis, tap and ballet dancing and an avid theatre goer.

## VITAL STATISTICS

Height: 5' 6"  
Eyes: brown  
Hair: brown